



COVID-19 Health and Safety Plan for In-Person Programs

Children's Forest Nature Clubs

Spring 2021

Program Design

- Children's Forest Nature Clubs are multi-week programs that meet 1 day per week afterschool.
- The program is held fully outdoors in schoolyards or neighborhood parks.
- Each program may provide a walking school bus from the closest school before and after the program.
- The program leaders are staff from the Children's Forest of Central Oregon and our partner organizations.

Group Size and Stable Groups

- Children's Forest Nature Clubs will have a maximum group size of 20.
- The program will be setup as stable cohort, with the same participants and staff registered for the full program.
- If a participant drops out in the middle of the session, CFCO may fill their spot with a new participant for the remainder of the program.

Registration and Communication with Families

- Advanced registration is required to participate in Children's Forest Nature Clubs. Families register for the full session, and there is no option to register for drop-in sessions.
- Prior to the start of the program, families will receive the COVID-19 Health and Safety Plan and sign an agreement, acknowledging that they understand and will follow the policies and procedures.
- Families will need to communicate with program staff each day of the program to do the health questionnaire. This can occur in person, if an adult is dropping the participant off, or via phone or text, if the participant has been approved to sign themselves in and out of the program. If families fail to communicate with staff and respond to the health questionnaire, their child will be unable to participate in the program that day.

Drop-off and Pick-up

- All adults are required to wear face coverings or face shields during drop-off and pick-up.
- All adults should maintain a distance of at least 6 feet from participants and staff during drop-off and pick-up.
- CFCO will do a “no touch” sign-in and sign-out procedure (see Recordkeeping below).

Daily Health Check

- Each day of the program, participants and staff will do a health check, which includes:
 - o Temperature check using a non-contact forehead infrared thermometer.
 - o Health questionnaire, to be answered by the caregiver (at drop-off or via phone, if caregiver is not present), with the following questions:
 1. Has the adult or child been exposed to a person with a positive or presumptive case of COVID-19 in the past 14 days?
 2. Is the adult or child experiencing new loss of taste or smell, unusual cough, shortness of breath, or fever? “Unusual cough” means some thing not normal for this person (e.g., allergies, asthma).
- Staff may self-screen and attest to their temperature and own health on a daily basis.
- Exclusions (see Appendix I for Exclusion Summary Chart)
 - o If they have a temperature of 100.4 Fahrenheit or over, they must be excluded.
 - o If they answered yes to either question 1, the child must quarantine for 10 days. The 10-day quarantine starts on the day that child or adult last had contact with the COVID-19 case.
 - o If yes to question 2, that person must be excluded from the program for 10 days, and 24 hours symptom-free. If they get a negative COVID-19 test that was taken before the 10 days is up, they can return once they have been symptom-free for 24 hours.
- Staff will document that a daily health check was completed on every participant and write down pass or fail only.

Recordkeeping

- CFCO will keep daily logs for each Nature Club, recording the following information:
 - o Child name
 - o Adult name(s) completing drop-off and pick-up (no signature required)
 - o Arrival and departure date and times
 - o Name of staff, arrival and departure date and times
 - o Record of pass or fail for daily health checks
- Daily logs will be “no touch”, with staff filling out forms, rather than children or caregivers.
- Daily logs will be shared with High Desert Education Service District and incorporated into their contact tracing records.

Personal Protective Equipment for Children and Adults

- Staff are required to wear face coverings or face shields. Temporary exceptions can be made if all participants are more than six feet away and staff need to speak loudly to provide directions to children.
- Children must wear a face shield or face covering when outside if six feet of physical distance cannot be maintained.
- Children are permitted to not wear a face shield or face covering:
 - o If they have a medical condition that makes it difficult for them to breathe with a face covering, as documented by their doctor's order
 - o If they experience a disability that prevents them from wearing a face covering, as documented by their doctor's order
- If a child removes their face shield or face covering, staff will guide them to safely wear it. Children will not be disciplined for their inability to safely wear a face shield or face covering.
- CFCO will have disposable children's masks available to those who need them.

Activities

- Activities will be designed to maximize social distancing. There will be times when children will not be able to maintain social distancing, during which, face coverings or face shields will be required.
- Staff will encourage participants to maintain social distancing when possible, but will not discipline children for not maintaining 6 feet.
- When possible, each participant will receive their own set of materials.
- When materials are shared, participants will use hand sanitizer before and after using shared materials. Materials will be sanitized between uses.

Handwashing and Hygiene

- Participants and staff will use hand sanitizer:
 - o Upon arrival and departure
 - o Prior to and immediately after using any shared materials
 - o Prior to and immediately after using playground equipment
 - o Prior to and immediately after eating snacks
 - o Prior to and immediately after using the restroom
- CFCO will provide hand sanitizer with alcohol content between 60-95%

Food and Water

- CFCO will provide individually packaged snacks to participants.
- Staff and participants will use hand sanitizer before and after handling food.
- Sharing of food will not be permitted.
- Participants should bring their own water bottles filled with water.

Cleaning

- CFCO will sanitize the tables and benches in the picnic shelters before and after each day of programming.
- CFCO will sanitize all program materials between uses.

Responding to Confirmed or Presumptive Cases of COVID-19

- CFCO will follow the [Health and Safety Guidelines for Child Care and Early Education Operating During COVID-19](#) from the Oregon Department of Education and Oregon Health Authority, if confirmed cases, presumptive cases, symptoms, or exposure occur in staff or participants. These guidelines are summarized on page 5.
- If a staff member needs to be excluded from the program due to symptoms or exposure, the program will be cancelled until staff can safely return, or a replacement can be found.
- For confirmed cases of COVID-19:
 - CFCO will notify the local public health authority if any participants or staff, including household members, are diagnosed with COVID-19.
 - CFCO will communicate, in coordination with local public health authority, with all families who have participated in the program in the past 14 days about the confirmed case.
 - CFCO will cancel the program for 14 days. CFCO will work closely with local public health authorities upon reopening to ensure the safety and health of participants.

Acknowledgement

I have read and understand CFCO's COVID-19 Health and Safety Plan for In-Person Programs. I agree to discuss the plan with my child so that they are familiar with the policies and procedures. I accept the additional responsibilities outlined in the plan, and understand that my inability or refusal to follow the policies and procedures will mean that my child may be unable to participate in the program.

Signature

Date

Printed Name

Child's Name



EXCLUSION SUMMARY

for Child Care and Early Education Operations During COVID-19

UPDATED JANUARY 2021

If child or staff member has had illness with **fever**, **unusual cough**, new loss of taste or smell or shortness of breath in the last 10 days:



Person should be sent home. If person tests positive or does not get tested, they must stay away from the facility for 10 days after onset of symptoms and 24 hours after both **fever free** and cough resolves.



If person tests negative for COVID-19, they may return 24 hours after resolution of cough and are **fever free**.

If the only symptom was a **fever** and a medical professional advised the person can return to care, they may do so if they have been **fever free** for 24 hours. A medical professional must provide documented advice.

If a child or staff member has been exposed to someone with a current **presumptive case** or positive COVID-19 case:



The person must be excluded from care if they were exposed to a **presumptive case** or positive COVID-19 case during the **infectious period**.



Exposed person must **quarantine** for 10 days. Start counting 10 days from the last time the person had contact with a **presumptive case** or confirmed case while the case was in the **infectious period**. For household contacts, quarantine starts the day after the infectious period ends.

If a child or staff member develops symptoms listed in column 1 or learns they have been exposed to a positive or **presumptive case** while at the facility:



Separate the person until they can leave the facility and send home as soon as possible.

Important Definitions

Unusual cough means out of the ordinary for this person – e.g., not usual asthma or allergies.

Fever means 100.4 degrees Fahrenheit or more.

Fever free means a temperature less than 100.4 degrees Fahrenheit without the use of fever reducing medication.

Exposure means close contact with a COVID-19 case (less than six feet) for longer than 15 minutes in a 24-hour period.

Presumptive case means a person who was exposed to a positive COVID-19 case and has developed symptoms.

The **infectious period** is two days before to 10 days after the person with COVID-19 first becomes symptomatic. If the COVID-19 case doesn't have symptoms, infectious period is 2 days before the day the test was taken (not the day they got their test result) to 10 days after.

Quarantine means you stay away from other people when you may become sick, even if you have no symptoms. Quarantine should last at least 10 days. Quarantine may be shortened to 7 days if: you take a test between days 5 and 7 of your quarantine, the test is negative, and you don't have symptoms.

Children cannot be denied care because of the fear of transmission of COVID-19:

In addition to Oregon laws prohibiting discrimination, a provider cannot refuse to enroll a child in the program based on a belief that the child is more susceptible to contracting COVID-19 due to the child's or parent's occupation, race, ethnicity, geographic location, disability, or pre-existing health condition.

For more information, visit oregonearlylearning.com/COVID-19-Resources. Providers can also submit questions by emailing ProviderContact@state.or.us.

If a child or staff member has a household member with symptoms of COVID-19 who is not a **presumptive case** or confirmed case:



Carefully monitor the person for symptoms. Encourage the ill household member to get tested.

Remember to check for the normal (non-COVID) childhood illnesses:



Diarrhea, vomiting, headache with a stiff neck, "pink eye," rash, etc.



Child may return to care after 24 hours symptom-free (48 hours for vomiting or diarrhea).



Express Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The Children's Forest of Central Oregon (CFCO) has put in place preventative measures to reduce the spread of COVID-19; however, the organization cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending CFCO Programs could increase your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending CFCO Programs and that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 at CFCO may result from the actions, omissions, or negligence of myself and others, including, but not limited to, CFCO employees, contractors, partners, volunteers, and other participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s participation in CFCO programs. On my behalf, and on behalf of my children, I hereby waive, release, covenant not to sue, discharge, and hold harmless CFCO, its employees, agents, contractors, volunteers, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of CFCO, its employees, agents, contractors, volunteers, and representatives, whether a COVID- 19 infection occurs before, during, or after participation in any CFCO program.

Signature

Date

Printed Name

Child's Name